



Bishop Stopford School

Week Ending: 7 February 2025

NEWSLETTER



Taking place all week
National Apprenticeship Week
Safer Internet Week

Monday 10 February
Year 11 Collective Worship
Year 12/13 Step into Employment

Tuesday 11 February
Year 10 Collective Worship
"Guys and Dolls" rehearsals
Safer Internet Day

Wednesday 12 February
Year 8 & 9 Collective Worship

Thursday 13 February
Year 7 Collective Worship
Year 10 Ski Trip

Friday 14 February
Year 12 Collective Worship
School closes for Half Term

Next week:
Week B

Assembly Theme:
Online Safety

Safer Internet Week

#BestOfBishop

BEHIND THE SCREEN

Dodging Digital Deception

Monday 10th
February -
Friday 14th
February

Online Safety Week is a week-long event that takes place around Safer Internet Day. This week will challenge students perception of the digital world through...

Assemblies

Form activities

Computing lessons

A week of clubs

And more

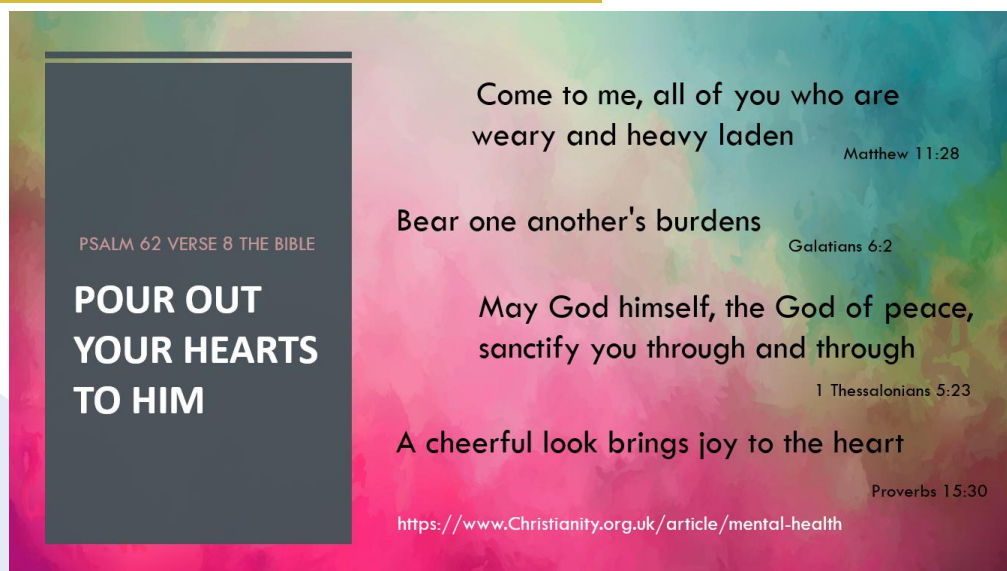
From app permissions, fake news, payments in games and online reputations; we challenge students to see if they know the online world better than it knows them.

Learn the secrets of the internet



Mr Reilly





Childrens' Mental Health Week

Cast all your anxiety on him because he cares for you.'

It is an indisputable truth that God cares about the minds, bodies and souls of those he has created. Bible verse after Bible verse reveal this real concern. 'May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ' (1 Thess 5:23).

At the start of the Bible in Genesis, God called the pinnacle of his creation, humankind, 'very good'. But we all know that human beings are complex, and things went very wrong. Despite this, God's desire for every individual is for them to be made whole. God does not stigmatise or dismiss anyone and those struggling with poor mental health must be assured of their welcome into His loving arms.

In Luke 5:31, Jesus says, "It is not the healthy who need a doctor, but the sick". Seeking help from mental health professionals is not a sign of weakness but a responsible and courageous step towards healing. It is okay to ask for help.

The Bible is full of notable figures, including Jesus, who express deep emotion, doubts and fears. Psalm 62 tells us to pour out our hearts to him. Through prayer we can find comfort and strength whilst reading the psalms remind us that we are not alone in our earthly emotional struggles.

God also gave us one another. And this is so important within our community at school. Galatians 6:2 tells us to bear one another's burdens. Proverbs 15:30 tells us that a cheerful look brings joy to the heart.

So, let us be there for each other and endeavour to be the one who smiles generously to those around us.

Mrs Hutchinson

Core Values in Action

We have received some lovely phone calls from members of the public who wanted to thank three of our Sixth Form students for helping a lady who had fallen over. The students made sure that she was ok and waited with her until her husband arrived. The lady was so thankful and described them as "*Kind, Caring and a real credit to the School*".

Unfortunately, we do not have names but know that the students were wearing purple lanyards. We would love to identify these students to thank them for upholding our Core Values in such an honourable way.

Mrs Peach

Safe Space

This week, we have been participating in Children's Mental Health Awareness Week. Our assemblies have centred on this year's theme of 'Know Yourself; Grow Yourself' with a particular focus on helping students to identify their emotions to be able to manage them.

Ms Fitzpatrick was sharing the incredible fact that we feel between 25 and 400 different emotions on any given day, and that our brain's negative bias means that we need at least five positive feelings to counterbalance one negative one. Each day this week, we've focused on one of the 'Five Ways to Wellbeing'.



There are opportunities each day to learn, be active, engage with others, understand more about ourselves and give our time and talents. We encourage all students to be active participants in wider school life as part of their wellbeing.

We also offer students the opportunity to talk about how they're feeling. They can talk to:

- Their form tutor
- Their Head of Year
- Another trusted adult
- A Student Ambassador
- Our Chaplain

Or students can also ask to be referred for an appointment with:

- The school counsellor
- The school nurse
- Souster Youth
- MHST

There are also lots of online resources for parents to support conversations about wellbeing:

[Children's mental health - Every Mind Matters – NHS](#)
[Parents Helpline | Mental Health Help for Your Child | YoungMinds](#)
[Resources | Anna Freud](#)

If you're concerned about your child, or another student in the school, please contact their form tutor or Head of Year.

Mrs Smith

Microsoft Office Applications



Just a reminder that Bishop Stopford School students can download Microsoft Office free of charge and install it on up to five devices.

Microsoft Office includes Outlook, Word, Excel, Access, PowerPoint and OneNote and is available for **personal devices** running Microsoft Windows, MacOSX, Android and iOS (iPads and iPhones).

Access to the applications is available while a student is here: <https://bishopstopford.fireflycloud.net/parent-information/microsoft-office-applications>

Most devices come with built-in anti-virus and malware protection. It's always useful to make sure that this is enabled, configured correctly and up-to-date. You will find the security options for MS Windows in the security centre on your laptop or PC.

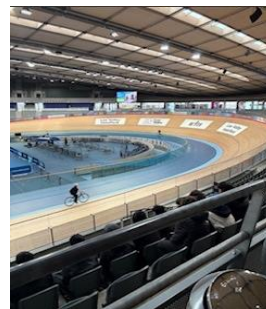
Additional protection you may wish to consider would be from McAfee (www.mcafee.com) and Norton Antivirus (www.norton.com).

Mr. Harwood

Geography trip to Stratford

I would like to take this opportunity to thank the Year 11 Geography students for their excellent engagement during their recent fieldtrip to Stratford, East London. Students participated superbly in collecting field data as well as behaving in an exemplary way throughout the trip.

Liam and Jessica have written about their day, showing the importance of experiencing Geography beyond the classroom.



"During our recent visit to Stratford, I was fascinated to view the significant development that has taken place, and still is taking place, as a result of London hosting the 2012 Olympic and Paralympic Games. After some lessons in the classroom and following our visit, I was interested to learn that Stratford was once one of the country's most deprived areas consisting of polluted land and waterways, derelict industrial sites, some operating factories, poor quality housing and various other greenfield and brownfield sites, previously being dubbed 'Stinky Stratford'. Following London's successful bid to host the games, around £9 billion was put towards regenerating Stratford which included the construction of multiple state of the art sports venues such as the Olympic Stadium (now named The London Stadium and home to West Ham United), London Aquatics Centre and the velodrome, which we had the opportunity to go inside during our trip. Westfield Shopping Centre was also built as well as many other facilities. The green spaces are pleasant and complement the area. I am told these are very well used during the summer months. Having begun our visit in Old Stratford, it was amazing to cross the bridge to the developed area and see the remarkable transformation. Overall, I thought it was an enjoyable trip despite the rather wet weather and it was a useful aid to our learning and understanding." **Liam**

"On our trip to London, we measured the extent of how regeneration has affected Stratford. The first location we visited was Old Stratford. Here, we saw what Stratford was like previous to urban development. Through emoji mapping, re-photography, and taking an environmental quality survey, we were able to observe the quality of life for those who were excluded from the regeneration project. Our next location was Stratford International and the East Village. Here, we were able to see the benefits of the development as there was much green space and brownfield sites had been turned into apartments and cafes. The final location we collected data from was Here East. This was the Media Centre for the Olympics but is now full of small businesses." **Jessie**

Mrs Harvey

Drama Stars



**DRAMA
AMBASSADOR**

The Drama Department would like to acknowledge the success of the following students in Drama lessons. These students have demonstrated the school values in their approach to the subject.

7S Louis Anderson	8Y Michael Ambrose	9D Jacob Middleton	10E Noah Gibbard	12D Hannah Davis
7S Adele Boyall	8D Barty Gardner	9D Eknor Nandha	10Y Noah Hartung	13Y Amy Beattie
7G Maegan Perera	8D Max Joseph	9D Conor Smith		13E Rhema Zhou
7G Ollie Povey	8S Kate Ansaloni	9D Hailie Spreckley	11Y Aynoor Farooq	13G Ishika Kumari
7G Robyn Willis	8S Akua Boateng	9G Precious Abiona	11Y Lauren Large	
7D Ruth Jones	8G Harry Elliott-May	9G Ethan Armstrong	11E Amrita Johal	
7D Andrew Mlengandale	8G Isla McAuliffe	9G Joseph Avery		
7D Noah Ward		9G Samuel Hawkins		
7D Aziza Zwane				

Dare to be different, try new things
Responsibility – take responsibility for your own work
Achieve your target and make progress
Motivate others and work as a team
Ask if you need help or support

Mrs Fraser



“Guys and Dolls” Rehearsals

There are only a few more weeks until Bishop Stopford School takes over the Lighthouse Theatre at the end of the month! Another student has let us know how rehearsals are going:

Harriet Bond (11Y) plays Agatha, an optimistic character, who is a Mission Doll. *‘People will enjoy seeing everyone come together as one community. We may be from different year groups but we have the common goal- putting on a brilliant show to make memories that will last a lifetime!’*

Tickets are selling fast and can be purchased here: Guys and Dolls | [The Lighthouse Theatre](#)

Performance dates: Friday 28th February and Saturday 1st March at 7:00pm

“Harry Potter and the Cursed Child”

On Wednesday, 49 Year 9 students embarked on a magical London adventure. We went to The Palace Theatre on Shaftsbury Avenue to see both parts of “Harry Potter and the Cursed Child”. This was a unique opportunity which allowed students to become immersed in the magic of theatre as well as experiencing our capital city. As staff, we were delighted with the exemplary behaviour of the students: they were also complimented by two members of the public for their polite manners and excellent theatre etiquette. Thank you so much to Mrs Glue, Ms Duffy, Mr Smith and Mr Gay.

Alfie Westley (9W) was on the trip: *‘The Harry Potter theatre trip was an amazing experience as not only was the show gripping but I also got to spend time with my friends and made new ones. It was such a great day and was definitely worth the wait. It was funny, interesting and incredibly to watch- I loved it!’*

Year 7 Author Visit 2025

It is a pleasure to welcome back award-winning children’s author, Ross Montgomery, to our school on Tuesday 25th February.

Year 7 students will enjoy a reading of his novel, “The Midnight Guardians”, and hear the fascinating history behind the plot. Students will also be given the opportunity to ask the author questions about his career and have books signed.

“The Midnight Guardians”, published in 2020, has been selected as the Waterstone’s Children’s Book of the Month and as one of The Guardian’s Children’s Books of the Year. Montgomery’s most recent novel, “I am Rebel”, has been awarded the prestigious Waterstone’s Children’s Book of the Year 2024 and has been longlisted for the Carnegie Award.

To purchase a copy of the novel, please follow the details on the letter which was sent this week. **Deadline for orders is Monday 10th February.**

Should you wish to read more of Ross’ books in eager anticipation of his visit, please see Mrs Wood in the Library.



Miss Thurlby

Year 11 Curriculum – Spring Term

Subject	Spring Term 1	Spring Term 2
GCSE Art	Preparation towards External Exam	
GCSE Computer Science	Boolean Logic Producing Robust Programs	Programming Languages and Integrated Development Environments
GCSE Drama	Mock Scripted Exam Preparation	Final Scripted Exam Preparation
GCSE English	<u>English Literature</u> A Christmas Carol and Unseen Poetry <u>English Language</u> Paper 1: Section B	
GCSE Food	NEA 2	
GCSE French	<u>School</u>	<u>The World of Work</u>
GCSE Geography	<u>The Living World</u> Ecosystems, Tropical Rainforests and Hot Deserts <u>Fieldwork Preparation</u>	<u>Unfamiliar Fieldwork and Issue Evaluation Preparation</u>
GCSE Health and Social Care	Component 3 (exam unit) LAB Health indicators for health and wellbeing	LAC Health and wellbeing plan and application to case studies.
GCSE History	<u>The origins of the Cold War: 1941-58</u> <u>Cold War Crises: 1958-70</u>	<u>Cold War Crises (ctd): 1958-70</u> <u>The End of the Cold War: 1970-91</u>
GCSE Maths	<u>Higher:</u> Trigonometric Graphs and Equations Transforming Graphs Algebraic Fractions Proof <u>Foundation:</u> Similarity and Congruency Trigonometry Quadratic Equations Simultaneous Equations Equation of a Line	<u>Exam Preparation</u>
GCSE Music	<u>Composition 1</u> <u>Exam Preparation</u>	<u>Compositions 1 and 2</u> <u>Exam Preparation</u>

Core PE	Boys – Hockey and Badminton Girls – Health related fitness and Table Tennis	Boys – Handball and Health Related Fitness Girls – Badminton and Cricket
GCSE PE	Health, Fitness and Well-being	Written Coursework - Evaluation
GCSE Product Design	NEA Final Making & Testing / Evaluating	
PSHE	<u>Health and Wellbeing</u> This covers topics such as sexual health and contraception and checking health <u>Managing wellbeing</u> Exam stress, preparation and time management	
GCSE RE	Theme E – Crime and Punishment	Students will use this time to consolidate their knowledge and understanding of Christianity and Buddhism, in relations to their key beliefs, teachings and practices. The focus will be on exam skills and strengthening knowledge.
GCSE Science (Triple)	Module 6 – Genetics	Module 7 - Ecology
GCSE Science (Trilogy)	Biology Module 7 - Ecology	
GCSE Spanish	<u>School</u>	<u>The World of Work</u>
GCSE Textiles	NEA Final Making & Testing / Evaluating	

Wider-Curricular	DT Trip (09.01.25 to 11.01.25) Year 11 Geography Fieldwork Safer Internet Day (11.02.25)	Bishop Book Week (including Readathon) Year 11 Spring House Games (03.04.25)
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Other	Mock Grades and Scripts returned to students (w/b 13.01.25) Year 11 Mock Results and Reports Issued (31.01.25)	
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Key Stage 4 Study Club

Just a reminder that we are still operating an after-school study space for Years 10 and 11 students only.

This is available on Tuesdays to Fridays from 3.15pm until 4.45pm.

C3 is the study space as it has IT facilities, should students wish to use them.

As per the Sixth Form Study Centre it is a silent space and will really benefit students who are finding it difficult to work at home in the evenings.

We are hoping that it will be a particularly useful resource for Year 10 students in the run-up to their mock exams (starting on 22.04.25) and Year 11 students as they prepare for their public examinations (starting in May 2025).

Spaces are limited to 20 students each session and bookings can be made by Priority 1 parents/guardians using the link below: <https://bishopstopford1.schoolcloud.co.uk/>

If the study space is over-subscribed, then students can still book spaces in the main Homework Club in the Library.

Mr Kirke



Recruitment

We currently have the following exciting opportunity for an outstanding and ambitious individual:

Teacher of Computer Science
Teacher of Science

The successful candidate will work alongside colleagues, senior staff and governors and will contribute to unlocking students' unique potential in Science.

We hope you are excited by the opportunity to work with us. We look forward to hearing from you.



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WEEK 3

WEEK COMMENCING

20/01/2025 10/02/2025 03/03/2025 24/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Beef Bolognaise with Wholegrain Pasta & House Salad

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden Salad

WEDNESDAY

Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Makhani Curry with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

TUESDAY

Smokey Bean & Vegetable Pasta Bake (VE)

WEDNESDAY

Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)

THURSDAY

Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)

FRIDAY

1/4lb Quorn Burger with Ranch Slaw, Chips & Peas (V)

DESSERTS

MONDAY

Banana Pudding and Custard

TUESDAY

Warm Blueberry Sponge

WEDNESDAY

Sticky Toffee Pudding with Caramel Sauce

THURSDAY

Apple & Mixed Berry Crumble with Vanilla Sauce

FRIDAY

Fruit, Jelly & Yoghurt Pots

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily

MONDAY

Loaded Mediterranean Street Cart Wedges

TUESDAY

Chicken Yakatori with Vegetable Rice

WEDNESDAY

Korean Fried Crispy Chicken

THURSDAY

Chinese Style Vegan Noodle (VE)

FRIDAY

NATURally

MONDAY

Fork Friendly Falafel Kebab (V)

TUESDAY

Vegan Singapore Noodles (V)

WEDNESDAY

Spiced Paneer & Red Onion Naan (V)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA

MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Margherita Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

faith | justice | responsibility | truth | compassion

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