



# Bishop Stopford School

Week Ending: 26 September 2025

NEWSLETTER



## Monday 29 September

Year 7 Collective Worship  
Year 13 Geography Fieldtrip

## Tuesday 30 September

Year 10 Collective Worship

## Wednesday 1 October

Year 12 & 13 Collective Worship  
U16 Northants Schools Rugby 7s

## Thursday 2 October

Year 11 Collective Worship  
Year 11 Post-16 Options Morning  
(see page 6 for more details)  
Year 7 Meet the Tutors evening

## Friday 3 October

Year 8 & 9 Collective Worship  
Clubs and Societies Fair

## Year 6 Open Events

#BestOfBishop

In our 60<sup>th</sup> Year as Bishop Stopford School on the Headlands, we are delighted to be able to host our Open Events in the week commencing 6<sup>th</sup> October. This includes our Open Evening on Thursday 9<sup>th</sup> October. Prospective students and parents will be able to experience what it is like to be a part of our community. Faculties will showcase their subjects and how they fit into our students' education pathways, enabling them to unlock their unique potential.

There will also be an opportunity to see other parts of the school, a highlight of which will be our well-being area in the Library. Here parents will be able to meet members of the pastoral team. As Key Stage 3 Pastoral Lead, I oversee Years 7, 8 and 9. Hopefully I will meet many of our new students, and with the Pastoral Team, will assist in their transition to Bishop Stopford School in the summer of 2026.

### Mr Stevenson (Key Stage 3 Lead)

My name is Mr Darby, and I have had the privilege of being a Head of Year in Key Stage 3 for the past three years. During this time, I've had the pleasure of supporting many students as they've taken their first steps into secondary school. Year 7 is one of the most exciting and rewarding stages of school life.

Moving from primary to secondary school is a big change, and it's natural to feel a mix of excitement and nerves. But with change comes opportunity—and we are ready to support families every step of the way. Whether it's discovering new subjects, making new friends, or joining one of the many clubs and activities, there's something here for everyone to get involved in and enjoy. Our aim is simple: to help every student settle in, feel supported, and thrive. Ours is a school which values everyone, and we believe every student has unique potential just waiting to be unlocked.

Thank you for considering joining our community. We look forward to welcoming you to Open Events week and showing you the Bishop Stopford community in all its glory.

Mr Darby (Key Stage 3 Head of Year)

**For full details of Open Events, see page 7**



## We are a Church of England School



***MAY WE ACT JUSTLY,  
LOVE MERCY AND  
WALK HUMBLY  
WITH OUR GOD.***

**AMEN**

**MICAH 6:8**

### **Our new 2025 school prayer has been written by**

Ruth Jones (8D), Jack McGowan (9P), Robyn Willis (8G), Micheal Ambrose (9Y), Laila Bewley (8W) and Jennifer Joy (8C) for our 60th anniversary. It will be read for the first time at our service of celebration at St Peter & St Pauls Church this afternoon.

Let us pray our new school prayer for the very first time.

Heavenly father,

As we look back, we give thanks for all the years that have passed. And as we look forward to the years yet to come, we commit them all to You. We praise you for being the God who is the same yesterday, today and tomorrow. Help us to be guided by our School's core values which are centred on You, our Everlasting Father

**All May we act justly, love mercy and walk humbly.**

Please bless our teachers and all who help us to learn.

We thank you for their steadfast dedication to unlocking the unique potential you've given each one of us.

**All May we act justly, love mercy and walk humbly.**

Thank you for everyone at Bishop Stopford School. We are so grateful for this family where each of us has a place to belong and to thrive. May we always enjoy our community as we do daily life together.

In the liveliness of our school days, may we always come back to You.

**All May we act justly, love mercy and walk humbly with our God.**

**Amen**

**Mrs Hutchinson**

## Core Values in Action

Our Core Values in Action awards recognise students for embodying our school's values in their local communities. We always love to celebrate their contributions which represent our school so well.

The following students receive CViA awards this week:

- Charlie Marsh (8P) who took part in the Ride and Stride sponsored bike ride with St Michael's Church, Great Oakley. He cycled 15.5 miles and helped to raise £80.
- Sophia Lorentzen (9E) also helped at the Ride and Stride open day event by running a stall to help raise funds for St Mary's Church.

If you know of a student who may be eligible for a Core Values in Action award, email [newsletter@bishopstopford.com](mailto:newsletter@bishopstopford.com)

**Mrs Peach**



## Safe Space – Bulking and Cutting

At the end of last term, I wrote about a new trend for 'Looksmaxxing' - especially amongst young men. The BBC has published an article about how the desire to look good is shown through a processing of *bulking* and *cutting*. This routine sees young people (often boys aged 12 – 18), increasing their calorie intake significantly for a number of weeks before *cutting* – reducing it to lose weight and define muscles. This, along with intense workouts, is to achieve a particular physique, often celebrated through the hashtag “#shreddedphysique”.

While there is real merit in living healthily, balancing diet and exercise, dieticians warn of the risks of this *cut and bulk* process. Quite often the additional calories are from highly processed foods, and the rapid change between high and lower consumption of calories can put significant strain on the body.

At school, we explore what it means to live healthily, and we have worked with the Local Authority to gain our Healthy Schools Bronze Award. We are conscious, however, that online content can lead to changes in behaviour and some young people experience body shaming through taunts or images sent via social media. Please be vigilant about checking the content your children are seeing, and the messages they are receiving.

If you have any concerns about behaviours you feel may be unhelpful or unhealthy, or if you need to report an incident of body shaming, please don't hesitate to contact your child's form tutor or Head of Year.

**Mrs Smith**

## RSE, RE & Collective Worship

Parents have the right to withdraw their child from Relationships & Sex Education (RSE) except that which is within the requirements of the National Curriculum. Parents also have the right to withdraw their child from Religious Education and Collective Worship.

Please send any request for withdrawal to Mr Kirke on [gkirke@bishopstopford.com](mailto:gkirke@bishopstopford.com)

### Relationships & Sex Education

RSE is delivered to all year groups within the Christian context of Bishop Stopford School. We consult with Parents on our Policy to ensure we build knowledge and establish appropriate attitudes and values surrounding personal relationships, sexual development and behaviour.

RSE consists of three strands:

- the biological aspects of reproduction, taught within Science as part of the National Curriculum.
- social aspects of RSE, which are covered in programmes of Personal, Social, Health and Economic Education (PSHE), including information about HIV, Aids and other sexually transmitted infections.
- the moral aspects of RSE covered in the RE curriculum, including marriage, contraception, termination and family life.

If you have any queries relating to RSE, or would welcome the opportunity to view materials used in delivering it, please contact Mrs Wilson: [pwilson@bishopstopford.com](mailto:pwilson@bishopstopford.com)

**Mr Smith**

## Sports Congratulations

Congratulations also to Chloe Perkins (10E) who competed at the Northants Swimming Association's County Sprints Championships last weekend. Chloe won a silver medal in the U14s 50m breaststroke, and in doing so set a new personal best!

**Mr Young**



## William Knibb; Bishop Stopford School Celebrates

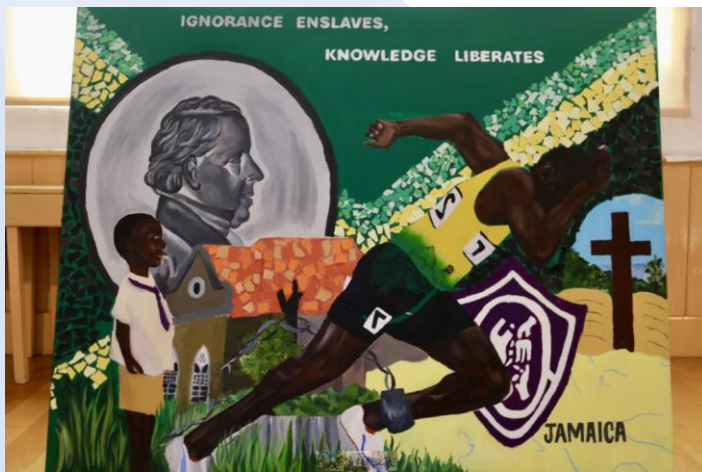
Kettering Civic society organised an exhibition relating to William Knibb at the Toller Meeting rooms on Saturday 21<sup>st</sup> September. They have worked tirelessly to celebrate his achievements and asked us to submit an artwork to help commemorate his life and work, alongside the work of local artist Daniel Kelly.

So during super curricular week, students collaborated to create a painting celebrating Knibb's life and legacy.

Knibb was a local Baptist minister and a key figure in the abolition of slavery. Until the recent transition to North Northants CC, the Kettering Council coat of arms had the emblem of a freed slave in recognition of William Knibb.

He worked tirelessly for the education and rights of Jamaican citizens and he is proudly celebrated in Jamaica today.

A huge thank you to Miss Abe and Mrs Fray, along with Eleanor Donlevy (8Y) and Nella Adu (8Y) who were invited to the opening of the exhibition, also attended by the Mayor of Kettering (photo on front page)



Mrs Abe said, "This painting is about Kettering born abolitionist William Knibb. As part of the Bishop Stopford community, some students and I have proudly created this artwork to symbolise the honour and impact Knibb's life had and still has on future generations.

There were a few key things we focussed on. Firstly, we have a William Knibb quotation right at the top of the painting. This is also the motto of the first school he founded in Jamaica – the William Knibb High School. Its badge can be found painted in white and purple, a colour used to symbolise royalty. By coincidence, we discovered that this was the school that famous sprinter Usain Bolt attended.

So we came up with the idea of having a young Usain Bolt in his William Knibb Highschool uniform. He is shown breaking free from the shackles of prejudice and limitations, later to become the fastest man in the world – breaking records as well as barriers. We also depicted the first church Knibb founded in 1838, the Baptist Chapel in Falmouth Jamaica. This church still stands strong today and continues to honour his memory. There's a map of Jamaica hidden in the bottom corner, as well as a mosaic of the Jamaican flag making a subtle appearance in the background. As a remembrance of his many brave and valiant actions, we included his Jamaican Order of Merit, awarded to him on the 150th anniversary of the abolition of slavery in the British Empire 1988. At the left side we added the symbol of his faith – Christianity. As a Church of England school, we believe that Christianity expresses the fundamentals of human respect, decency and love toward one another, the very same things Knibb stood for."

Please [Click on this link](#) to see a longer article in the Northants Telegraph and more celebration of our great work!

Mrs Baker

## Post-16 Options Morning

On Thursday 2nd October, all Year 11 students will be taking part in our Post-16 Options Morning. This is an important part of the support we provide to help students start thinking carefully about their future after GCSEs.

The morning will begin with a series of talks from a wide range of providers. Students will hear from those offering A levels, technical qualifications, and apprenticeships, giving them a chance to understand the differences between each route and the opportunities they can lead to. These sessions are designed to broaden horizons and encourage students to think about the path that best matches their skills, interests, and ambitions.

Afterwards, students will move on to a Careers and Options Fair, where they can meet representatives from local colleges, universities, and employers. This will be a fantastic opportunity for students to ask questions directly, collect information, and begin exploring the skills and qualifications needed for different career pathways. We hope that these conversations will help inspire our students and give them greater confidence in the decisions they will make later this year.

The Post-16 Options Morning is an important milestone in our careers education programme. We encourage parents and carers to follow up by talking with their child at home about what they found interesting or surprising. These discussions play a big part in helping students to make informed, thoughtful decisions about the next stage of their education.

**Mr Smith**

## Radio Appearance

"Last week I had the opportunity to speak at North Northamptonshire Council regarding their decision to push back net zero targets to 2050. I gave a three-minute speech outlining the effects this would have on young people in the UK and across the world, as well as outlining the impact of climate change on both mental and physical health. Unfortunately, the Executive Committee passed the motion unanimously, but other councillors are working to ensure that the environment remains an important consideration in the council's decisions going forward."

"I was later approached by a BBC journalist who was present at the meeting, who invited me to speak on BBC Radio Northampton regarding the Council's decision and my experience speaking at the meeting. This involved a (very early!) trip to the studio where I was interviewed live on air by the morning presenter Annabel Amos. It was a somewhat stressful experience but also a rewarding one, allowing me to develop public speaking skills under pressure, as well as holding our politicians accountable to the young people they represent."

**Esther Hobbs (Yr12)**



Congratulations to Esther for a highly impressive interview, she represented our school superbly.

You can hear the full interview by clicking <https://www.bbc.co.uk/sounds/play/m002j7mr> (at 1.23:36)

**Miss Silverthorne**

# Year 10 Curriculum – Autumn Term

| Subject                     | Autumn Term 1                                                                                                                                                     | Autumn Term 2                                                                                                                 |
|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| GCSE Art                    | Project One: Natural Forms                                                                                                                                        |                                                                                                                               |
| GCSE Computer Science       | Computer architecture and memory                                                                                                                                  | Python programming using physical hardware                                                                                    |
| GCSE Drama                  | Working from a script: <i>The 39 Steps</i><br><br>Understanding the context of the play and the acting/design skills needed to stage a successful performance     | Introduction to Devising: Style Workshops<br><br>Epic Theatre / Physical Theatre / Theatre of Cruelty / Theatre of the Absurd |
| GCSE English                | <u>Literature Set Text - An Inspector Calls</u>                                                                                                                   | <u>Language Paper 1 – Sections A and B</u><br><br>Reading and Creative Writing                                                |
| GCSE Food                   | The Relationship between Diet and Health / Micro and Macro Nutrients                                                                                              |                                                                                                                               |
| GCSE French                 | Identity and Free Time                                                                                                                                            |                                                                                                                               |
| GCSE Geography              | Natural Hazards                                                                                                                                                   | Natural Hazards (complete unit)<br><br>Urban Issues and Challenges                                                            |
| GCSE Health and Social Care | Human Lifespan Development                                                                                                                                        |                                                                                                                               |
| GCSE History                | Medicine in Medieval England<br><br>Medicine in Renaissance England                                                                                               | Medicine in C18 and C19 Britain<br><br>Medicine in Modern Britain                                                             |
| GCSE Maths                  | Index Laws   Estimations<br><br>Standard Form   Quadratics and Cubics<br><br>Direct and Inverse Proportion                                                        | Constructions and Loci<br><br>Rational and Irrational Numbers<br><br>Rearranging Formulae   Functions                         |
| GCSE Music                  | Coursework Preparation: Solo 1 and Composition 1<br>Listening and Appraising<br>A specific focus on two set works ( <i>Star Wars</i> and <i>Defying Gravity</i> ) |                                                                                                                               |
| Core PE                     | Rugby and Basketball (Boys)<br><br>Netball and Hockey (Girls)                                                                                                     | Hockey and Dodgeball (Boys)<br><br>Health Related Fitness and Basketball (Girls)                                              |



## Year 10 Curriculum – Autumn Term contd...

|                               |                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                      |
|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>GCSE PE</b>                | Applied Anatomy and Physiology                                                                                                                                                                              | Cardio-Respiratory System                                                                                                                                                                                                                                                            |
| <b>GCSE Product Design</b>    | Design Ventura                                                                                                                                                                                              | Mock NEA                                                                                                                                                                                                                                                                             |
| <b>PSHE</b>                   | <b>Media</b><br><b>You and Your Rights</b><br>Topics include Rights and Responsibilities, Employment Rights and Consumer Rights                                                                             |                                                                                                                                                                                                                                                                                      |
| <b>GCSE RE</b>                | <b>Buddhism – Beliefs and Teachings</b>                                                                                                                                                                     |                                                                                                                                                                                                                                                                                      |
| <b>GCSE Science (Triple)</b>  | <u><b>Biology:</b></u><br>Complete Module 1: Cell biology<br><br><u><b>Chemistry:</b></u><br>Start Module 1: Atomic structure and the periodic table<br><br><u><b>Physics:</b></u><br>Start Module 1 Energy | <u><b>Biology:</b></u><br>Start Module 2 Organisation<br><br><u><b>Chemistry:</b></u><br>Complete Module 1: Atomic structure and the periodic table<br>Start Module 2: Structure and bonding<br><br><u><b>Physics:</b></u><br>Complete Module 1 Energy<br>Start Module 2 Electricity |
| <b>GCSE Science (Trilogy)</b> | <u><b>Teacher A:</b></u><br>Biology Module 1: cell biology<br>Start Biology Module 2: Organisation<br><br><u><b>Teacher B:</b></u><br>Physics Module 1 Energy                                               | <u><b>Teacher A:</b></u><br>Complete Biology Module 2: Organisation<br>Start Module Biology Module 3: Disease<br><br><u><b>Teacher B:</b></u><br>Complete Physics Module 2: Electricity<br>Start Chemistry Module 1: Atomic Structure and the periodic table                         |
| <b>GCSE Spanish (Core)</b>    | <b>Identity and Free Time</b>                                                                                                                                                                               |                                                                                                                                                                                                                                                                                      |
| <b>GCSE Textiles</b>          | <b>Materials and their Working Properties</b>                                                                                                                                                               |                                                                                                                                                                                                                                                                                      |
| <b>Wider-Curricular</b>       | <b>Year 10 Communion (03.10.25)</b><br><br><b>Culture Day (24.10.25)</b>                                                                                                                                    | <b>Christmas Concert</b><br><br><b>Year 10 Winter House Games</b>                                                                                                                                                                                                                    |
| <b>Other</b>                  | <b>Year 10 Transition Day (03.09.25)</b><br><br><b>School Photographs (17.09.25)</b><br><br><b>60<sup>th</sup> Anniversary Celebration Service (26.09.25)</b>                                               | <b>Year 10 Reports Issued (05.12.25)</b>                                                                                                                                                                                                                                             |





# Bishop Stopford School

faith | justice | responsibility | truth | compassion

## Year 6 into 7 Open Events



### Open Mornings 2025

Monday 6, Tuesday 7, Wednesday 8 October  
9:45 – 11:45am



Scan the QR code or visit our website to book.

### Open Evening 2025

Thursday 9 October  
5:30 – 8:00pm

Headteacher's Presentation: 5:45pm, 6:30pm



Bishop Stopford School  
Headlands, Kettering,  
NN15 6BJ

[www.bishopstopford.com](http://www.bishopstopford.com)

**Open Evening: FREE Park & Ride**  
Cornmarket Car Park, NN15 7QA  
Disabled Parking only on site





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# Important Dates

**2 OCT**  
Y7 Meet the Tutors Evening

**6, 7 & 8 OCT**  
Y6 into 7 Open Mornings

**9 OCT**  
Y6 into 7 Open Evening

**9 OCT**  
Y11 Reports issued

**10 OCT**  
Teacher CPD Day

**14 OCT**  
Flu Vaccinations Y7 - 11

**24 OCT**  
Y13 Reports issued

Half Term: Mon 27 October - Friday 7 November

Cucina

WEEK 3

Week Commencing: 08/09/2025 29/09/2025 20/10/2025

### CLASSIC HOT & HEARTY

| CLASSIC MAIN MEALS                                                                              | VEGETARIAN MAIN MEALS                                                                              |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| <b>MONDAY</b><br>Creamy Tuscan Chicken with Smoked Paprika Wedges                               | <b>MONDAY</b><br>Baked Courgette & Tomato Gratin with Smoked Paprika Wedges (V)                    |
| <b>TUESDAY</b><br>Beef Bolognaise with Wholemeal Pasta & House Salad                            | <b>TUESDAY</b><br>Plant Based Bolognaise with Wholegrain Pasta and House Salad (V)                 |
| <b>WEDNESDAY</b><br>Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables & House Gravy   | <b>WEDNESDAY</b><br>Vegan Sausage Turnover, Crisp Roasties, Seasonal Vegetables & House Gravy (VE) |
| <b>THURSDAY</b><br>Chicken Tikka Masala with Pilau Rice                                         | <b>THURSDAY</b><br>Chana Masala Served with Pilau Rice (V)                                         |
| <b>FRIDAY</b><br>Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce | <b>FRIDAY</b><br>Vegan Quorn & Ranch Burger Served with Chips & Peas (VE)                          |

### DESSERTS


| MONDAY                     | TUESDAY                      | WEDNESDAY                     | THURSDAY                           | FRIDAY                      |
|----------------------------|------------------------------|-------------------------------|------------------------------------|-----------------------------|
| Chocolate & Banana Brownie | Oaty Apple Crumble & Custard | Sticky Lemon Sponge & Custard | Baked Churros with Chocolate Sauce | Fruit, Jelly & Yoghurt Pots |

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP & FRESHLY BAKED BREAD**  
Available Daily

**JACKET POTATOES**  
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Cucina



**MADE YOUR WAY!**

**CHOOSE IT! ADD IT! TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

**Choose a base, add protein, and top it your way!**

Visit the restaurant to check out what's on offer each week

### NATURally

| MONDAY                          | TUESDAY                     | WEDNESDAY                          | THURSDAY                                     | FRIDAY                       |
|---------------------------------|-----------------------------|------------------------------------|----------------------------------------------|------------------------------|
| Fork Friendly Falafel Kebab (V) | Vegan Singapore Noodles (V) | Spiced Paneer & Red Onion Naan (V) | Onion Bhaji Skewer with Bombay Potatoes (VE) | Garlic & Chilli Noodles (VE) |

### TRATTORIA

| MONDAY               | TUESDAY                 | WEDNESDAY                              | THURSDAY           | FRIDAY           |
|----------------------|-------------------------|----------------------------------------|--------------------|------------------|
| Tomato & Basil Pasta | Pasta in a Cheese Sauce | Mozzarella & Tomato or Pepperoni Pizza | Creamy Pesto Pasta | Margherita Pizza |

